

pool & health suite

programme



Kilsyth Swimming Pool

01236 828166

Contact AccessNL for unlimited use of
Swimming
Health Suites
Gyms
Fitness Studios
and classes throughout North Lanarkshire

01236 442644

accessnl@nlleisure.co.uk



**join
today!**

Supported by



Kilsyth Swimming Pool

pool programme

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am - 7.30am							
7.30am - 8am							
8am - 9am							
9am - 10am							
10am - 11am							
11am - noon							
noon - 1pm							
1pm - 2pm							
2pm - 3pm							
3pm - 4pm							
4pm - 5pm							
5pm - 6pm							
6pm - 7pm							
7pm - 8pm							
8pm - 9pm							
9pm - 10pm							

health suite programme

Monday	9.00am – 5.00pm 5.00pm – 10.00pm	Mixed Gents
Tuesday	9.00am – 5.00pm 5.00pm – 10.00pm	Mixed Ladies
Wednesday	9.00am – 10.00pm	Mixed
Thursday	9.00am – 5.00pm 5.00pm – 10.00pm	Mixed Ladies
Friday	9.00am – 5.00pm 5.00pm – 10.00pm	Mixed Gents
Saturday	9.00am – 5.00pm	Mixed
Sunday	9.00am – 5.00pm	Mixed

- club- closed to public
- restricted to certain groups
- pool closed
- lessons- areas restricted
- club- lanes restricted
- aqua aerobics

Kilsyth Swimming Pool
1 Airdrie Road
Kilsyth
G65 9JE
01236 828166

For times of school use, please contact reception. Pool timetable is subject to change.
 Last admission, 1 hour before closing