

Pool programme timetable 1st January - 31st March 2012

This pool programme is likely to change during school holiday times.
Please contact the venue or check the website for details.

| | 06.00 | 07.00 | 08.00 | 09.00 | 10.00 | 11.00 | 12.00 | 13.00 | 14.00 | 15.00 | 16.00 | 17.00 | 18.00 | 19.00 | 20.00 | 21.00 | 22.00 |
|--------------|--------------------|----------------------------|--------------------|---------|-----------------|------------|-----------------|----------------------------|--------------------|--------------------|--------------|--------------|-------|-------------|-----------------|-------|-------------|
| Mon | Lane Swimming Only | | | | Aquafit | Schools | | | Schools | Children's Lessons | | Club Session | | Aquafit | Club Session | | Pool Closed |
| | Club Session | Public Swimming with Lanes | | | | | | | | | | | | Ladies Only | Public Swimming | | |
| Tues | Lane Swimming Only | | | Schools | | Aquafit | Staff Training | | Children's Lessons | | Club Session | | | | | | Pool Closed |
| | Club Session | Public Swimming with Lanes | | | | | | | | | | | | | | | |
| Wed | Lane Swimming Only | | Schools | Aquafit | Public Swimming | Power Swim | Public Swimming | Children's Lessons | | Club Session | | | | | | | Pool Closed |
| | Club Session | Public Swimming with Lanes | | | | | | | | | | | | | | | |
| Thurs | Lane Swimming Only | | Schools | | Aquafit | | | Children's Lessons | | Club Session | | | | | | | Pool Closed |
| | Club Session | Public Swimming with Lanes | | | | | | | | | | | | | | | |
| Fri | Lane Swimming Only | | Lessons | | | | | Children's Lessons | | Club Session | | | | | | | Pool Closed |
| | Club Session | Public Swimming with Lanes | | | | | | | | | | | | | | | |
| Sat | Lane Swimming Only | | Children's Lessons | | | | | Public Swimming with Lanes | | Club Session | | | | | | | Pool Closed |
| | Club Session | Public Swimming | | | | | | | | | | Club Session | | | | | |
| Sun | Pool Closed | | Children's Lessons | | | | | Public Swimming | | | | | | | Club Session | | Pool Closed |
| | 06.00 | 07.00 | 08.00 | 09.00 | 10.00 | 11.00 | 12.00 | 13.00 | 14.00 | 15.00 | 16.00 | 17.00 | 18.00 | 19.00 | 20.00 | 21.00 | 22.00 |

Swim membership: Our swim membership offers unlimited access to any of our pools.

Swimming: Our programme offers children's and adults' lessons. The ethos of our lessons is fun, making advancement an enjoyable experience.

Please note: this programme is subject to change.
During club sessions there will be limited public lane swimming available.